



## Bachelor of Science in Health Education

### PROGRAM OVERVIEW

The Public Health/Health Education program offers research-based academic and community outreach programs that improve the quality of life and economic opportunity of residents in the District of Columbia and beyond. The program prepares the students with a strong theoretical foundation that develops the necessary skills, knowledge, and competences needed to become an effective public health/health education professional. Students have opportunities to integrate, synthesize and apply knowledge through cumulative and experiential activities. All students complete a cumulative, integrative and scholarly project that serves as a capstone to the education experience. The program requires a minimum of 120 semester hours; the final 30 credit hours must be completed at the University.

### PROGRAM GOALS:

- Students should have an introduction to the history and philosophy of public health as well as its core values, concepts, and functions across the globe and in society.
- Students should have an introduction to the basic concepts of public health-specific communication, including technical and professional writing and the use of mass media and electronic technology.
- Students should have an introduction to the basic concepts, methods, and tools of public health data collection, use, and analysis, and why evidence-based approaches are an essential part of public health practice.
- Students will demonstrate professional ethics and responsible conduct.
- Students should have an introduction to the concepts of population health, and the basic processes, approaches, and interventions that identify and address the major health-related needs and concerns of populations.
- Students should have an introduction to the fundamental concepts and features of project implementation, including planning, assessment, and evaluation.

#### Contact

Dr. William Pewen  
Chair/Associate Professor  
[william.pewen@udc.edu](mailto:william.pewen@udc.edu)  
(202) 274-5516

**Aspire. Accomplish. Take on the World.**

# BACHELOR OF SCIENCE IN HEALTH EDUCATION PROGRAM CURRICULA

University of the District of Columbia  
Bachelor of Science Degree – Health Education-Public Health Option  
Program of Study

FIRST YEAR – FALL SEMESTER

Course Number	Course Name	Credits
IGED 110	Foundations of Writing I <b>Gen Ed</b>	3
IGED 120	Quantitative Reasoning I <b>Gen Ed</b>	3
HLTH104	Intro to History/Philosophy of Health Phys.	3
IGED 260	Discovery Science and Environmental Consciousness Lec /Lab (Substitute for Biological Science I Lec/Lab or <b>Chemistry Lec/Lab</b> ) <b>Gen Ed</b>	4
HLTH	*(2) Skills	2
ORIN	Freshman Orientation	1
	Total	16

FIRST YEAR – SPRING SEMESTER

Course Number	Course Name	Credits
IGED111	Foundations of Writing II <b>Gen Ed</b>	3
IGED 220	Quantitative Reasoning II <b>Gen Ed</b>	3
BIOL111	Anatomy & Physiology I Lec	3
BIOL113	Anatomy & Physiology I Lab	1
HLTH105	Personal & Community Health	3
IGED130	Foundation of Oral Communications <b>Gen Ed</b>	3
	Total	16

SECOND YEAR – FALL SEMESTER

Course Number	Course Name	Credits
IGED 210	Discovery Expository Writing in the Arts and Sciences <b>Gen Ed</b>	3
*SPAN 101	Foreign Language Elective I * Spanish recommend for Public Hlth Option	3
BIOL 112	Anatomy & Physiology II Lec	3
BIOL 114	Anatomy & Physiology II Lab	1
HLTH214	Survey of Public Health	3
PSYC 201	Principle of Psychology or Psychology of adjustment-substitute	3
	Total	16

SECOND YEAR – SPRING SEMESTER

Course Number	Course Name	Credits
IGED270	Diversity Discovery	3
FDSC104	Introduction to Nutrition Lec	3
FDSC106	Introduction to Nutrition Lab	1
HLTH204	Prevention First Aid EMS	3
*SPAN 102	Foreign Language Elective II * Spanish recommend for Public Hlth Option	3
IGED140	Foundation Ethics & Values <b>Gen Ed</b>	3
	Total	16

THIRD YEAR – FALL SEMESTER

Course Number	Course Name	Credits
IGED250	Discovery Technology (previous Computer Appl/lab) <b>Gen Ed</b>	3
BIOL241	General Microbiology Lec or Clinical Microbiology	3
BIOL240	General Microbiology Lab or Clinical Microbiology	1
HLTH314	Public Health Planning	3
HLTH324	Org/Adm of School & Community Health Programs	3
HLTH	*(1) Skills Elective	1
	Total	14

THIRD YEAR – SPRING SEMESTER

Course Number	Course Name	Credits
HLTH 465	Measurement and Evaluation in HPCLS	3
HLTH424	Sex Education	3
HLTH390	Health Education Practicum	3
IGED 280	Discovery Civics/Service/Teamwork <b>Gen Ed</b>	3
	Business Elective	3
HLTH	*(1) Skills Elective	1
	Total	16

FOURTH YEAR – FALL SEMESTER

Course Number	Course Name	Credits
HLTH405	Health/Safety in Community Populations	3
HLTH426	Drug Use and Abuse	3
HLTH406	Consumer Health	3
HLTH494	Senior Project (writing in the major)	3
ENSC 450	Environmental Health Lecture	3
ENSC 451	Environmental Health Lab	1
	Total	17

FOURTH YEAR – SPRING SEMESTER

Course Number	Course Name	Credits
HLTH404	Mental Health	3
HLTH417	Internship	4
HLTH493	Seminar: Health Issues	3
IGED 391/392	Frontier Exploration & Inquiry Capstone <b>Gen Ed</b>	3
	Total	13

TOTAL SEMESTER HOURS FOR BACHELOR DEGREE IN HEALTH EDUCATION:  
PUBLIC HEALTH OPTION 120